



Just Launched! Best Doctors – Mental Health Navigator (MHN)

Building on our existing comprehensive Best Doctors® services, we're pleased to announce the launch of Mental Health Navigator available to eligible Great-West Life plan members effective Oct. 1, 2019!

Feel like yourself again

If you are struggling to get out of bed or feeling overwhelmed and your condition isn't improving or treatment isn't working, Best Doctors can help. Get back to feeling like yourself with Mental Health Navigator. It's a confidential service that provides an action plan tailored to your specific needs.

Getting started is easy. Visit the link below to learn more about the services offered by Best Doctors including Mental Health navigator.

<https://bestdoctors.com/canada/greatwestlife/>

Reminder: Best Doctors coverage also includes the Best Doctors Extended Family Benefit. This means these same innovative services will also extend to your parents and parents-in-law.

For more information

If you have questions about Best Doctors services available under your benefits plan, please contact your plan administrator. You can also sign in to GroupNet for Plan Members (GnPM) and head to coverage and balances to find out if your plan covers Best Doctors.

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Best Doctors is now part of Teladoc Health, the global leader in virtual care.