

Signature Member & Family Assistance Program

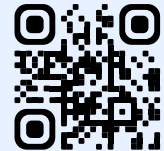


Your Benefits Go Further Than You Think

At MembersHealth, caring for you means caring for the people you love. Your MFAP benefits extend to your spouses, children, and eligible dependents—covering counselling, financial guidance, medical care and more. Our physicians and licensed mental wellness professionals review each person's health history, assess their needs, and build personalized care plans with proactive follow-up, so nothing falls through the cracks.

**For In-the-moment (urgent)
support call 1-800-484-0152**

**For Non-Urgent
Support, Scan the
Code to Book an
Appointment**



Program Details:

Mental Wellness Support:

- Counselling & Therapy
- Health & Life Coaching
- Marital & family support
- Legal support
- Addiction support - including expert assessment and treatment
- Nutrition support - weight loss management, diet change due to medical conditions
- Financial support - debt, planning, and more
- Anxiety, stress, & depression support
- Crisis management & trauma-related services

Patient Care:

- Personal touch with follow-up calls/texts 24-48 hours post-doctor visit to see how you're feeling.
- Access to our doctors from wherever you are located in the world.
- Personal care managers dedicated to each member to help you navigate the healthcare system.
- Long-term care tracking so you never start from scratch

Medical Care Services:

- Prescriptions sent directly to your preferred pharmacy
- Lab tests and diagnostics ordered during your consultation
- No-fee doctor's notes provided electronically when medically required
- Support locating a family physician when needed
- Expert second medical opinions on diagnoses or treatment options
- Specialist referrals

24/7/365 Support:

- Speak with a Members Health Care Professional anytime, 24 hours a day, 365 days a year
- Rapid coordination with specialists and surgeons, helping shorten wait times when possible
- Immediate Mental Wellness Support for urgent concerns
- Ongoing therapy connections for structured counselling sessions